

EMDR ASSOCIATION

PRESENTS



Eye Movement Desensitization and Reprocessing (EMDR) Basic Training Part 1 and Part 2

EMDR Association, Trauma Recovery/EMDR Humanitarian Assistance Programs (EMDR-HAP), USA in Collaboration with Department of Psychology, SNDT Women's University Mumbai are proud to present Part 1 of the two-part Basic Training in EMDR Therapy.

PROGRAM OUTLINE:

The training duration is for 3 days and day 4 (half day) is for the consultation. This training is certified by EMDR Association and Trauma Recovery/ EMDR Humanitarian Assistance Program (HAP), USA.

March 8-11, 2018 EMDR Part 1 training, Mumbai (Venue To Be Decided)
October 4-7, 2018 EMDR Part 2 training, Mumbai (Venue To Be Decided)

Trainers: **Dr. Parul Tank, Dr. Dushyant Bhadlikar, Dr. Matthew Woo, Dr. Vera Handojo, Dr. Chitra Munshi & Mr. Chintan Naik**

Facilitators: **Dr. Mrinalini Purandare, Ms. Saloni Nath, Ms. Seema Hingorany (Ms. Sonali Tanksale, Karishma Shah Savla, Kruti Shah, consultants in training)**

Time: **9.00 a.m. to 5.00 p.m.**

Course Fee: (inclusive of course material, lunch, snacks and consultation of 5 hours)

Registration opens for Part 1 or Part 2 separately or together.

Fees for Part 1 or Part 2 separately: INR 25,000 (17,000 for training and 8,000 for the consultation)

Fees for Part 1 and Part 2 paid together: INR 44,000

□ Please note that training may be postponed if desirable numbers are not registered prior to 2 weeks of training. You will be duly informed. Kindly confirm prior to making your travel arrangements.

Eligibility:

Part 1: The candidates who are enrolling should be post graduates from mental health or social science faculties including psychology, psychiatry, human development and social work. *Individuals completing their PG courses from private institutes or not UGC recognised or without practical experience should not apply.*

Part 2: The candidates should complete Part 1 and 5 hours of consultation

Contacts persons:

- Dr. Mrinalini Purandare: 9819445686, mdpurandare@yahoo.co.in
- Mr. Chintan Naik: 9220603449, chintanaik3014@gmail.com
- Or write to EMDR Association (emdrindia@gmail.com)

ABOUT EMDR:

Eye Movement Desensitization and Reprocessing (EMDR)

EMDR is a form of psychotherapy that was developed to resolve symptoms resulting from disturbing and unresolved life experiences. It uses a structured approach to address past, present, and future aspects of disturbing memories. It is an integrative therapy, synthesizing elements of many traditional psychological orientations, such as psychodynamic, cognitive, behavioral, experiential, physiological, and interpersonal therapies.

The approach was developed by Dr. Francine Shapiro to resolve the development of trauma-related disorders as resulting from exposure to a traumatic or distressing event, such as rape, natural disaster, or childhood trauma. Since Dr. Francine Shapiro introduced EMDR to the clinical community in 1989, the last 28 years have seen a phenomenal amount of research on the effectiveness of this therapy. Today, EMDR is accepted as a valid method of treatment for PTSD by the American Psychological Association and the American Psychiatric Association and has been recommended by World Health Organization (W.H.O.).

WHERE ONE CAN USE EMDR

The EMDR psychotherapy can be used for children and adults for behavioral, adjustment, interpersonal and emotional problems besides extreme traumatic experience resulting from natural and man-made disasters. A clinical background is necessary for proper application of the EMDR psychotherapy. This is a highly specialized therapy that requires supervised training for therapeutic effectiveness and client safety.

ABOUT EMDR ASSOCIATION

EMDR Association was formed in India, which now provides trainings and conducts humanitarian programs. EMDR Association in India is registered under Society Registration Act, Maharashtra State, with Registration No.1768, 2013.

International standards are followed in the training and certification process followed by the EMDR Association. With the help of EMDR Humanitarian Assistance Programs (HAP) USA and EMDR International Association, over 300 mental health professionals have been trained in Mumbai, Delhi, Chennai, Bengaluru, Srinagar, and Varanasi. EMDR therapists reached out to earthquake survivors of Gujarat in 2001 thus helping 16,000 children and in the southern part of India after 2004 Tsunami. In April-June 2015, EMDR Association has worked with 3500 children from Kashmir who were affected by the devastating floods of 2014. . Currently several psychotherapists are practicing EMDR in various parts of India and forthcoming trainings will provide opportunity to the mental health professionals with psychology, social work, human development and psychiatry background to learn hands-on EMDR therapy. In 2015, the first conference of EMDR Association was held in New Delhi. The second conference was held in Mumbai in 2017.

EMDR Association extends EMDR basic trainings to other Asian countries, e.g., Bangladesh, Sri Lanka, Philippines, and Nepal and some international trainees too attend the training conducted in India. Contributions from India have also helped develop the EMDR Asia association.

During 2016, EMDR Association collaborated with Trauma Recovery/EMDR- HAP, USA, Transcultural Psychosocial Organization Nepal (TPO Nepal) and WHO, Nepal and conducted EMDR Part1 training in Kathmandu, Nepal. In 2017, EMDR Association conducted EMDR Part2 training in Kathmandu in collaboration with Trauma Recovery/EMDR HAP USA, Trauma Aid/HAP France, Action Contre La Faim (ACF), Nepal and Transcultural Psychosocial Organization (TPO), Nepal.

Eminent practitioners from United States and Europe, including specialists from Trauma Recovery/EMDR-HAP and Trauma Aid, have been supporting the Indian professionals from 1998 by providing training and supervision for EMDR psychotherapy.

Trauma Recovery/EMDR Humanitarian Assistance Programs supports the EMDR Association of India in its bid to become an organized independent body that can conduct trainings, workshops, seminars and conferences in India and other parts of Asia to share knowledge and skills among mental health professionals.

ABOUT EMDR TRAINING:

EMDR Basic Training has two parts of classroom training of 3 days each which includes lecture, video demonstrations and supervised practice in small groups.

Five hours of case consultation with an approved EMDR consultant after each part of the Basic Training is a requirement for receiving the certificate of completion.

REGISTRATION PROCESS FOR PARTICIPATING IN THE TRAINING

1. Please fill the Application form below and send by email to the addresses given in the form. Please also attach a scanned copy of your highest degree of education which meets the eligibility criteria for this training

2. ***Kindly wait for the confirmation of your Application acceptance***

3. After confirmation of your application acceptance only, make the payment of INR 25,000 (or INR 44,000) and email an electronic copy to the address given in the application form

4. Receive confirmation about payment

Payment will be accepted by electronic transfer, in cash, cheque or demand draft drawn in favour of 'EMDR Association'. Address: 8, Horizon View (First Floor), 138, Gen. J Bhosle Marg, Nariman Point, Mumbai 400021. Electronic transfer is more favourable.

Refund Policy: 80% refund one month prior to training and 50% 2 weeks prior to training. No refunds possible thereafter.

For electronic transfer, send registration payment to:

Account Name: EMDR Association

Account Number : 913020050319821

Account type : Current

Bank Details : Axis Bank Limited, Nariman Point Branch, Ground Floor, G-1, Maker Chambers IV, Nariman Point, Mumbai – 400021, Maharashtra (MH), India

IFS Code : UTIB0000173

Swift Code : AXISINBB173

Kindly submit a print as proof of the payment when you arrive on day 1.

Money transfer charges will be liable to the sender.

To know more about EMDR in India, please check www.emdrindia.org

Application Form
EMDR Basic Training
Mumbai, 2018
8-11 March, 2018 (Part 1)
&
4-7 October, 2018 (Part 2)

Applying for: Part 1/Part 2/Parts 1&2 (Choose one)

Full Name:

Highest educational qualification:

Profession:

Address (Residence):

Address (Work):

Mobile no:

Email address:

Skype address:

Registration fees: INR 25,000/- INR 44,000/- (Choose one)

Please fill up this form and email to:

emdrindia@gmail.com & mdpurandare@yahoo.co.in

Kindly wait for the confirmation of your application acceptance by email

IMPORTANT: Please do not pay the registration fees until you receive the confirmation of your application acceptance, based on eligibility criteria and seat availability

Communications will be preferred by email. We are trying to make this as paperless as possible!

Important: Kindly scan the copy of your highest degree of education which meets the eligibility criteria for this training and send with the Application Form.